

MELISSA'S KITCHEN



Girraween Primary School Canteen Menu 2019 Semester two

snacks	toastie's	lunch special
Banana Bread - recess only \$ 2.00	Toasted Sandwich \$ 3.50	
Fruit Muffin - recess only \$ 2.00	Ham and Cheese	
Chicken Tenderloin - recess only \$ 1.50	Ham, Cheese and Tomato	MONDAY \$ 5.00
Savory Puff Scroll (2) \$ 2.00	Chicken and Cheese	NY Hot Dog, cheese and sauce
Garlic Bread \$ 1.50	Cheese and Tomato	
Popcorn Bag 200g GF \$ 1.00	Cheesie	TUESDAY \$ 8.00
Jelly Cup GF \$ 1.00	Whole Egg Mayo \$ 0.50	Taco Bowl - rice, beef, cheese, lettuce, tomato, sour cream, salsa and corn chips GF
Red Rock Chips \$ 2.00	hot food - lunch only	
Brain Box GF \$ 4.50 (vegie sticks, cheese, rice crackers & dip)		WEDNESDAY \$ 6.00
Cheese & Crackers \$ 3.00	Pasta Bolognese - medium \$ 4.00	Pizza Day - Home made
Watermelon Cup \$ 2.50	GF spaghetti available- add \$ 1.00	Ham, Hawaiian, Margarita
Fresh Fruit Piece \$ 2.00 (apple, orange, banana)		
yoghurt & smoothies	Mac and Cheese - medium \$ 4.00	sandwiches & wraps
Yogurt Cup - plain vanilla \$ 2.00		White and Whole Meal
add berry \$ 0.50		Fresh Sandwich \$ 4.00
add mango \$ 0.50		ham, chicken, tuna, tomato, carrot, cheese
add maple muesli \$ 0.50		cucumber, lettuce
		Vegetemite \$ 2.00
Banana Smoothie \$ 3.00	tommo's pies / steggles	100% Strawberry Jam \$ 2.00
Mango Smoothie \$ 3.00		Fresh Wrap \$ 5.00
Berry Smoothie \$ 3.00	Sauce Sachet \$ 0.50	ham, chicken, tuna, tomato, carrot, cheese
100% frozen fruit & Milk	Classic Beef Pie \$ 4.50	cucumber, lettuce
drinks / icy poles	Beef Cheese & Bacon Pie \$ 5.00	Whole Egg Mayo \$0.50
Water 250ml \$ 1.00	Sausage Roll \$ 4.00	Boiled egg \$1.00
Water 600ml \$ 2.00	Spinach and Ricotta Parcel \$ 5.00	
Harvey Fresh 100% Juice 250ml \$ 2.50	Mini Sausage Roll \$ 2.00	NO CREDIT AVAILABLE
orange, apple & blackcurrant, tropical, apple.	Mini Pie \$ 2.00	
Breaka Flavored Milk 250ml \$ 2.50		hot and cold snacks available over the counter recess and lunch
strawberry, chocolate, vanilla		
Zip Pop 100% fruit juice \$ 1.00	Chicken Goujons (3) \$ 2.00	
Apple	Chicken Breast Nuggets (3) \$ 2.00	GF- Gluten Free
Orange		melskitchen@bigpond.com
Apple & Blackcurrent		

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Online order by 7.30am